



“LIVE AS IF YOU WERE TO DIE TOMORROW.
LEARN AS IF YOU WERE TO LIVE FOREVER”

MAHATMA GANDHI



WHAT IS MARIJUANA?

- This comes in the shape of a green, brown, or gray mixture of dried, shredded leaves, stems and seeds, and frequently as resin. Normally referred to as pot, weed or grass. It has a pungent and distinctive, usually sweet-and-sour odour.
- Marijuana is usually smoked as a cigarette (called a *joint*) or in a pipe or bong. However, it is sometimes mixed in food (e.g- cakes) or brewed as a tea.

WHAT EFFECTS?

- Marijuana is a mind-altering drug, that kicks off a series of cellular reactions that lead to the 'high' that most users experience.
- Short term effects may include: problems with memory; distorted perception; trouble with thinking and problem- solving and loss of coordination, anxiety and paranoia.
- Other effects may include: apparent dizziness and trouble walking; appearing giggly for no reason; red bloodshot eyes and have difficulty remembering events that just happened.

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