

## **S.A.F.E. Follow-up Programme**

### **Gambling**

- What is gambling?
- Types of gambling
- Problems caused by gambling
- Signs of an employee who has a gambling problem
- Effects of gambling on the workplace
- The Care Services available

### **Binge Drinking**

- Definitions of binge drinking
- The physical and psychological effects of binge drinking
- Effects of binge drinking on the workplace
- The Care Services available

### **Health and Safety aspects of drug abuse (syringe disposal, first aid)**

- Dangers of drug use/effects at place of work
- Injuries to self and/or others
- Needle stick injuries, proper disposal of sharps
- Managing the intoxicated employee
- Managing the unconscious employee (first aid)

### **Testimony of clients who are undergoing a drug rehabilitation programme.**

A dvd or video presentation of real life experiences of clients undergoing a drug rehabilitation programme.