

If you think "everybody's doing it" you're wrong

10 Things Every Teen Should Know About Marijuana (Cannabis)

1. Marijuana is illegal. Using, holding, buying, or selling marijuana can get you suspended or expelled from school. This will hurt your chances of getting a job in the future.
2. Resist peer pressure. Marijuana may make you feel part of the crowd for a while -- but who needs friends who could self-destruct at any moment?
3. Keep on the right track. Marijuana reduces your ability to do things that require coordination and concentration, like sports, dancing, acting, and studying.
4. Drugs are not for free. They are sold for a purpose: MONEY. Don't be fooled!
5. Do the right thing. Using marijuana hurts your education, family ties, and social life.
6. Get with the program. Contrary to what you might hear in songs or see on TV or in the movies, smoking marijuana does not make you cool.
7. You can get hooked. Many users report that, over time, they require more of the drug to get the same effect.
8. Talk about your problems. Using marijuana won't help you escape your problems, it will only create more. Don't believe people who say that marijuana is no big deal, or that it will make your life better.
9. You don't need it. If you think "everybody's doing it" you're wrong – According to the ESPAD 1999 survey, only 7% of all Maltese 16 year olds have already tried marijuana.
10. Marijuana won't make you happy or popular or help you learn the skills you need as you grow up. You can do that with the help of friends, family, and other adults you trust.

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